



Homemaker Aide Qualification Requirements

Training Site: _____ Employee/Applicant Name: _____

TABLE 3: 20-Hour Training Requirements

SUBJECT AREAS (At least 20 hours)	Instruction Materials Used	Date of Training	Number of Hours	Written Test Results	Return Demonstration Date
UNIVERSAL PRECAUTIONS for infection control, including hand washing and the disposal of bodily waste.					
MEAL PREPARATION/NUTRITION that includes special diet preparation, grocery purchase planning and shopping; and other errands, such as picking up prescriptions.					
LAUNDRY, including folding, ironing, and putting away laundry.					
BASIC HOME SAFETY.					
HOUSE CLEANING SKILLS that include dusting furniture; sweeping, vacuuming and washing floors, kitchen care (including washing dishes, appliances and counters), bathroom care, emptying and cleaning bedside commodes, changing bed linens, washing inside windows within reach from the floor, and removing trash.					
BODY MECHANICS.					
EMERGENCY PROTOCOLS.					
DOCUMENTATION SKILLS.					
ADDITIONAL TRAINING AREAS (Please specify):					
TOTAL NUMBER OF HOURS					

By signing below, the employee & trainer/tester verifies the accuracy of this record.

Name of Applicant/Employee

Signature of Applicant/Employee

Date

Name & Title of trainer/tester

Signature of trainer/tester

Date